

# RAILCREW **X**press

## NEWSLETTER

15729 College Blvd  
Lenexa, KS 66219  
Phone: 913.928.5000  
Fax: 913.928.5072

### Driver Help Line

877-928-5046

- OPTION 1: ACCIDENTS
- OPTION 2: DISPATCH
- OPTION 3: ROAD ASSISTANCE
- OPTION 4: SAFETY, PAYROLL, HARRASSMENT, OR BENEFITS
- OPTION 5: RCX UPDATES
- OPTION 6: WEATHER
- OPTION 7: EMPLOYMENT

#### Other Helpful Numbers

New Benefit Sign-up - 800.481.9979  
Current Benefits - 866.867.6883

### RCX FORUM

[www.railcrewxpress.com/forum](http://www.railcrewxpress.com/forum)

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Do you have a suggestion for our newsletter....  
If so, please send an email to:  
RCXnews@RailCrewXpress.com

## The Most Common Collision...

*Submitted by Sean McGraw, Field Safety Advisor*

In just about every imaginable backing collision, you will find that the driver or drivers involved could have used one or more of the following Keys and Rules to avoid the incident. As we are changing our culture from compliance to commitment, we need to ensure all our employees are thoroughly aware of the Keys and the rules necessary to effectively accomplish backing without damage or injury to themselves, the equipment and our clients. Understand that 60 to 90% of your vehicle is behind you. Get to know your vehicle's blind spots. Please remember, there is no backing while a crew is on board... no exceptions.



### Aim High in Steering:

- 1.) The first plan of attack is to try not to back.
- 2.) For your vehicle's survival, plan for your departure on your arrival.
- 3.) The closest space isn't always the best place.

### Get The Big Picture

- 4.) Know what's near before you put it in gear.
- 5.) Keep scanning as you roll or a sudden change may take its toll.

### Keep Your Eyes Moving

- 6.) Back Slowly. Take your time, prepare to stop on a dime.
- 7.) To know where danger hides, don't forget the front or the sides.

### Leave Yourself An Out

- 8.) Find a space with plenty of space.
- 9.) Don't leave it to trust, back no further than you must.

### Make Sure They See You

- 10.) Control Your Fate, **COMMUNICATE.**

**See Open Enrollment info on page 4!!**

# Get On Board... 832 and growing!

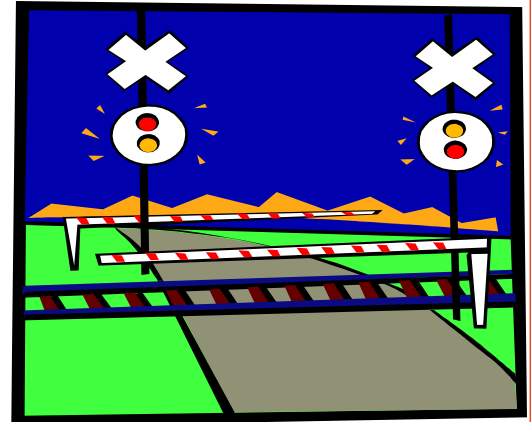


Timothy Boughner      Dodge City  
Marshall Ohman      Memphis  
Diane Baumgardner      Lamar

Charles Pricer      Memphis  
Kim Clark      Memphis

## AUGUST COLLISION PREVENTION CALL NOTES

Some time ago RCX Field Safety Advisors Sean McGraw and Warren Grogan, began hosting Collision Prevention Calls bi-weekly. Attending these calls are location and regional managers, as well as claims, training, and available senior leadership. Notes are published from time to time and are always available from your manager. The following are notes from the most recent call.



### ⇒ **CONTINUE TO PUSH THE 5 KEYS TO SAFETY:**

- AIM HIGH IN STEERING
- GET THE BIG PICTURE
- KEEP YOUR EYES MOVING
- LEAVE YOURSELF AN OUT
- MAKE SURE THEY SEE YOU

⇒ **BACKING IS STILL A MAJOR PROBLEM.** RCX EXPERIENCED 3 COLLISIONS TWO OF WHICH HAD CREW ON BOARD. BACKING WITH CREW ON BOARD IS FORBIDDEN, ENSURE DRIVERS UNDERSTAND NOT TO BACK WITH CREW ON BOARD. THERE IS A NEW PROPOSAL ON THE BACKING POLICY BEING FINALIZED NOW, BE ON THE LOOKOUT FOR IT IN AN UPCOMING NEWSLETTER.

⇒ **PARK DEFENSIVELY:** STRESS TO THE DRIVERS TO PARK IN A SITUATION THAT WILL ALLOW THEM THE BEST OPPORTUNITY TO EXIT WITHOUT BEING IN A COLLISION. PARKING THE CLOSEST IS NOT ALWAYS THE SAFEST. WE WERE STRUCK 6 TIMES WHILE PARKED OVER THE LAST 14 DAYS. TRY AND FIND A PARKING SPACE FAR FROM OTHER VEHICLES AND OBJECTS.

⇒ **REMEMBER TO NEVER VEER FOR DEER.** IT IS PROVEN THAT IT IS MUCH SAFER TO DRIVE THROUGH ANY ANIMAL INSTEAD OF MAKING A KNEE JERK REACTION AND SWERVING QUICKLY TO AVOID AN ANIMAL. THIS QUICK ACTION COULD RESULT IN THE DRIVER LOSING CONTROL OR EVEN TURNING THE VAN OVER.

⇒ **REMEMBER TO REPORT ANY EMPLOYEE INJURY RIGHT AWAY.** NOT REPORTING AN INJURY IN A TIMELY FASHION NOT ONLY DELAYS THE PROPER CARE THAT MAY BE REQUIRED BUT IT ALSO HINDERS OUR CLAIMS DEPARTMENT FROM PERFORMING THEIR RESPONSIBILITIES WHEN AN INJURY OCCURS. CALL CLAIMS ANYTIME YOU HAVE A QUESTION IN THIS REGARD.

⇒ **TRACK CROSSING PROCEDURES WERE DISCUSSED CONCERNING THE NEW CHANGE.** IF THE DRIVERS CANNOT SEE IF THE CROSSING IS OBVIOUSLY CLEAR, THEY ARE TO CONSIDER USING A DIFFERENT CROSSING. NEVER CROSS IF THE WAY IS NOT CRYSTAL CLEAR.

⇒ **RANDOM DRUG AND ALCOHOL TESTING WERE DISCUSSED** ALONG WITH CONTRACTUAL MANDATORY TESTING. THIS IS NOT A PUNISHMENT OR A SLAP IN THE FACE TO THE DRIVER. TESTING IS PART OF THE CONTRACT AND WILL CONTINUE NOT AS A PUNISHMENT, BUT FOR CONTRACTUAL AGREEMENT.

⇒ **SEPTEMBER PREVENTION CALLS** ARE TENTATIVELY SCHEDULED FOR THE 2<sup>nd</sup>, 16<sup>th</sup>, and 30<sup>th</sup>. CHECK WITH YOUR MANAGER FOR THE CALL NOTES AFTER EACH CALL. NOTES WILL BE PUBLISHED PERIODICALLY.

# AUGUST ANNIVERSARIES

Name	Location	Yrs of Svc	Name	Location	Yrs of Svc	Name	Location	Yrs of Svc
DALIA JIMENEZ	Kingsville	13	TOMMY SAMPSON	Oklahoma City	4	STEVE VIVIER	Lincoln	2
DARRELL SANBURG	Lincoln	13	WILLIAM BALL	Springfield	4	JEFFERY SMALL	North Platte	2
MARY SPURGEON	Ft Scott	11	TERRI BURROWS	Lenexa	4	MICHELLE LANGLOIS	Wellington	2
MANUEL CRUZ	San Antonio	9	PHILLIP PLATO	Reg Manager	4	CHESTER JOHNSON	Dayton	2
STEPHANIE WOODS	Houston	8	JIM ELLISON	Council Bluffs	3	CHARLES MURPHY	Centralia	2
ROWENDA KIRENDOLL	Tulsa	8	BOBBIE CLARK	Council Bluffs	3	JERRY NEUMANN	Council Bluffs	2
SERGIO GONZALEZ	Laredo	8	PHILLIP PAIGE	Marysville	3	CLINTON ELLIS	Newton	2
DEBRA HIGGINS	North Platte	8	AARON COWAN	Marshalltown	3	RICHARD KNIGHT	OK City	1
BEVERLY HILL	San Antonio	7	RALPH STANLEY	Marshalltown	3	ELIZABETH WILSON	Omaha	1
SALLY MEYERS	Oklahoma City	7	JOSHUA MORGAN	Marshalltown	3	SHANNON DIKE	Bill	1
RUBY COVILL	Lincoln	7	JEFFREY HUSTON	Tulsa	3	JAMES NELLANS	Newton	1
ERNEST WARE	Hearne	6	JACKIE CALDWELL	Angleton	3	RODNEY HAY	Omaha	1
MELVIN TORREZ	Reg Manager	6	JACKIE HUFF	Lenexa	3	RON FLETCHER	Alliance	1
EVAN FICKLING	Amarillo	6	JOSEPH ZELENY	Council Bluffs	3	MICHAEL FLAX	Dodge City	1
GAIL SCOTT	Amarillo	6	LARRY CADDELL	Council Bluffs	3	DORIS REESE	Bill	1
JOHNNY MAES	Amarillo	6	DIANA GREGORY	Wellington	3	JESSICA BRAASCH	North Platte	1
STEVE GLASSCOCK	Amarillo	6	ALLEN HASSLER	Springfield	3	HARDIE HARDAWAY JR	San Antonio	1
LARRY HILBERT	Topeka	6	LAURA KIRK	Council Bluffs	3	CASSANDRA DISIERE	Angleton	1
RANDY MILLER	Ark City	6	RONALD MILLER	Cedar Rapids	3	DEBRA MARGRAVES	Victoria	1
JAMES WALKER	Ark City	6	DARRYL TACKETT	Newton	3	DANIEL VAZQUEZ	Laredo	1
RICK EDWARDS	Lenexa	6	DENNIS WALKER	Council Bluffs	3	KRISTEN BRANSON	Lenexa	1
ROD COCHRAN	Reg Manager	6	ANDREW SKOWRONSKI	Council Bluffs	3	INNO BRATRISOVSKY	Lincoln	1
BETTY GANDY	Wellington	6	LEROY ROBB	Council Bluffs	3	KENNETH LEHMANN	Fremont	1
JOANNE DILLARD	Wellington	6	DANNY WALLACE	North Platte	3	JUSTIN BASS	Newton	1
RICHARD FORREST	Wellington	6	TERRY WARE	Marshalltown	3	RICHARD TUCKER	Emporia	1
WAYNE DORMAN	Ark City	6	JAMES BARR	Clinton	3	STEVE PATE	Ark City	1
JOSEPHUS BLACKMORE	Amarillo	6	CAROL SHAFER	Clinton	3	LISA BLOCK	Taylor	1
MARGARET FERGUSON	Waynoka	6	BARBARA STONE	Clinton	3	GRACE VALENTINE	Omaha	1
DANIEL JONES	Lubbock	6	BRIAN RYDER	Clinton	3	DAN STUDEBAKER	Council Bluffs	1
FEDERICO GARCIA	Lubbock	6	BILLIE MELVIN	Clinton	3	ERNESTO DELAROSA	Hearne	1
DOUGLAS BURCH	Newton	6	HIGHLAND NICHOLS	Clinton	3	JOSHUA LEWIS	Lenexa	1
JESSE CANTU	Victoria	6	CLYDYE MILES	Clinton	3	JOHN WHITE	Lenexa	1
SHELLY DUPONT	Freeport	6	VICTOR BUNGE	Clinton	3	DEBORAH REYNOLDS	Lincoln	1
EVELYN RIGGS	Lenexa	6	RAFAEL ZAMARIPPAS	Hearne	3	MURWYN HANCOCK	Smithville	1
JOHN BICKERSTAFF	Lenexa	6	MARGARET BARR	Clinton	3	DAVID GILBREATH	St Louis	1
BOBBY WHITE	San Antonio	6	TERRY JORDAN	Clinton	3	BRANDON RIZOR	Jackson	1
JAMES JACKSON	Houston	5	ROBERT WEBER	Clinton	3	DAN SMITH	Jackson	1
WILBUR COLEMAN	Lincoln	5	HAROLD TOUREENE	Clinton	3	JEREMY FINE	Dodge City	1
JOAQUIN PEREZ	Houston	5	TERRENCE BATTEN	Clinton	3	BENNY LONG	Smithville	1
SAMUEL MELLO	Eagle Pass	5	DUSTIN THOMAS	Clinton	3	VIRGIL MARTINEZ	Smithville	1
DOUGLAS SLOCUM	Alliance	5	KANDI MULL	Clinton	3	JAMEY COOPER	Lenexa	1
GILBERTO MEZA	Del Rio	5	MARY DEAN	New Braunfels	2	NED NORRIS	Houston	1
MARSHA TAYLOR	Lubbock	5	DEBBIE GILLIT	Lubbock	2	RICHARD BARNES	Laredo	1
KATHY STAAB	Bridgeport	4	EARL STOCKTON	Enid	2	HUGO SALINAS	Laredo	1
LUCINDA SMITH	Amarillo	4	ANTHONY DAVIS	Angleton	2	EMMA JOSEPH	Dayton	1
MISTY MCMILLIN	Lenexa	4	JAMES STEWART	Fremont	2	SANTA MARIA AMOS	Houston	1
SHAYLA DAVIS	Lenexa	4	LINDA PEREZ	New Braunfels	2	ISABELL ARMELIN	Houston	1
ANSON HUGHES	St Louis	4	ALFRED SPETMAN	Boone	2	SANTOS MEDELLIN	Laredo	1
LESLIE HANDLEY	Lenexa	4	MANUEL SANCHEZ	Eagle Pass	2	JAMES STUMBO	Boone	1
OLLIE DAVIS	Memphis	4	DENNIS SCHANK	Lenexa	2	RICK AVILEZ	San Antonio	1
TRACY ROBERTSON	Emporia	4						

**THANK YOU FOR YOUR HARD WORK AND DEDICATION!**

Please contact HR, at 913-928-5077, if you think your anniversary date is incorrect. Thank you!



# Safety Reminder

Start every trip or shift with a safe and reliable vehicle!



Preventative maintenance is the key to ensuring RailCrew Xpress' vehicles are safe and reliable. It is essential to the safety of our drivers and passengers that our vehicles are inspected every 5000 miles or 30 days. Consistent and thorough inspections greatly reduce the risk of mechanical failures, some of which lead to break downs. Always check for a current Preventative Maintenance Inspection before you head out on the road.

***Think SAFETY FIRST!***

## RCX is Hiring!

### Drivers Needed In:

- Amarillo, TX
- Alliance, NE
- South Morrill, NE
- North Platte, NE
- Bridgeport, NE
- Kearney, NE
- Ravenna, NE
- Lincoln, NE
- Fremont, NE
- Broken Bow, NE
- Council Bluffs, IA
- Sioux City, IA
- Sterling, CO
- Enid, OK
- Newton, KS
- Oklahoma City, OK
- Tulsa, OK
- Jackson, MS
- Meridian, MS
- Corpus Christi, TX
- Victoria, TX
- Alpine, TX
- Chaffee, MO
- Memphis, TN

## It's Open Enrollment Time!

**WHO:** All RCX Hourly Staff

**WHAT:** Limited Medical, Dental, Short Term Disability, and Group Life

**WHEN:** August 15 through September 16, 2011

Call **1-800-481-9979** anytime to ask questions. Call during Open Enrollment to enroll in the coverage of your choice!

## FUN CORNER SUDOKU

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