

RAILCREW **X**press

NEWSLETTER

15729 College Blvd
Lenexa, KS 66219
Phone: 913.928.5000
Fax: 913.928.5072

Driver Help Line

877-928-5046

- OPTION 1: ACCIDENTS
- OPTION 2: DISPATCH
- OPTION 3: ROAD ASSISTANCE
- OPTION 4: SAFETY, PAYROLL, HARRASSMENT, OR BENEFITS
- OPTION 5: RCX UPDATES
- OPTION 6: WEATHER
- OPTION 7: EMPLOYMENT

Other Helpful Numbers

New Benefit Sign-up - 800.481.9979
Current Benefits - 866.867.6883

RCX FORUM

www.railcrewpress.com/forum

INSIDE THIS ISSUE:

Space Cushion	1
Suzette Yungeberg	2
Security and Identification	2
Get On Board's	2
Oct Anniversaries	3
RCX is Hiring	4
Safety Reminder	4
Employee Survey Info	4
Don't change your flat!	4

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Space Cushion

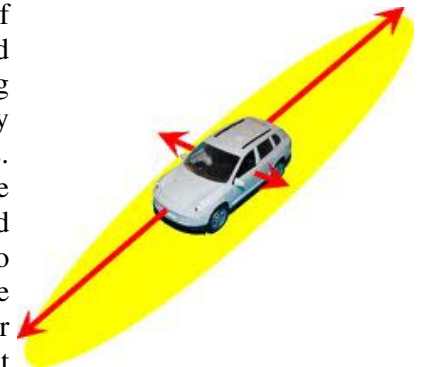
Imagine yourself driving down the road, a driver seemingly comes out of nowhere and cuts over into your lane involving you in a collision. This collision was an error by the other driver. Non-preventable: or was it? Drivers are involved in many collisions deemed "non-preventable", but most collisions can be prevented. The question is: are you doing everything you can to allow yourself the maximum available margin for error as you travel? The more you are able to allow for the unexpected, the safer you will be.



News for You

Space around your vehicle, if there is enough of it and if you can identify it in time, is your *margin for error*. Space allows you to maneuver or to stop. The size of your margin of error depends on many things, among them, traffic congestion, following distance, awareness, weather, state of mind, time of day, and other drivers. These variables cannot all be accounted for, but the solutions often can. The key is to locate a pocket of space. When the space gets too small make subtle moves to bring it back. Maybe just a little more or less acceleration will accomplish the goal or perhaps a light touch of the brakes or a lane change will do the job. By building your space cushion and keeping track of it as it changes you will know what your options are when you need to know them. When you distance yourself from the potential for trouble you will find that you have more time to evaluate other important people and objects.

Creating a space cushion is one part of the solution to prevent the non-preventable collision in the instance described at the beginning of the article. You must also be aware of impatient and anxious drivers behind you- particularly those weaving in and out of traffic. You can obtain this information by scanning your mirrors every five to eight seconds. Keep an eye out as that driver approaches you from the rear being prepared to open up space as needed anticipating that driver might cut you off, or escape to the space you have created around you. Thirdly, make sure they see you. Be conscious not to drive in the other guy's blind spot. A good rule of thumb is if you can't see the other driver in his mirror, he can't see you. Do not linger in that "no-man's" zone.



Now, ask yourself often during the coming miles if your margin for error is good as it should be. **Make it a constant practice to examine and reexamine your place in traffic.** Don't allow yourself to feel comfortable until you have space and visibility. When you lose them, work on getting them back. These skills will soon become habits and you are on your way to having the skills to prevent non-preventable accidents.

Do you have a suggestion for our newsletter....
If so, please send an email to:
RCXnews@RailCrewXpress.com

Please read the e-Rail badge policy on page 2...

SUZETTE YUNGBERG... Using the Keys®!



On August 17, at approximately 5am, I had just turned south on highway 77, off highway 8. We had heard on the railroad radio that trains were being asked to not cross at highway 77 crossing. A police officer approached us from the south and as we pulled over he pulled up along side us and informed myself and the brakeman, Dave Cosgrove, about a severe accident and that they were looking for his vehicle after it went off the road when the driver fell asleep. The officer told us that they did not know the location except that it was somewhere on highway 77.

We immediately began watching both sides of the road as we continued south toward Marysville. Using the **Smith System Keys®** we are trained with, I spotted what could have been the vehicles headlights. I stopped, turned around to verify and saw that it was the missing vehicle. At once the brakeman went over and looked down into the ditch, since it was not clearly visible from the highway. Notifying 911 we then

remained on the scene to comfort the seriously injured driver until the authorities arrived. It was at that time that we continued on into Marysville. We were told later that the driver had been sent by life flight to a local hospital.

E-Rail Badges... they must be worn!

Here is the **RCX Security and Identification Policy**, as outlined in the most recent handbook.

At the time of employment, an E-rail (identification) badge will be issued to you. If you lose or damage your badge it must be replaced at a cost to you of \$15.00. RCX will replace defective badges free of charge. Badges are issued as a requirement of RCX contracts with the railroads and so that you can be readily identified as an RCX employee. **You are required to wear your badge at all times while on duty.** When wearing your badge please follow these guidelines:

- ⇒ Wear the badge on the left breast pocket of your coat or shirt.
- ⇒ Do not wear other attachments, stickers, or markings on the badge.
- ⇒ Wear the badge so that it can be seen and read easily.

Identification badges are considered the property of RCX and must be returned upon termination of employment. If they are not returned a \$15.00 fee will be assessed.

Get On Board... 884 are On Board!!!

James Ayers	Springfield	Lenora Jesonek	Marysville	Stella Burch	Hearne
Caleb Burns	Springfield	Mike Kaster	Marysville	Cheryl Lowe	Hearne
Andrew Brashers	Springfield	George C. Kenworthy	Marysville	Amy Riley	Hearne
Jeffrey P. Davis	Springfield	Michele Durossette	Fort Scott	Ronald Lyon	Hearne
Chris Sisney	Springfield	Cecil Pritchett	Fort Scott	Haley Crockett	Hearne
Ralph Noa	Springfield	Christina Pearson	Fort Scott	Clarence Woerndel	Hearne
Jayne Bailey	Springfield	Jimmy Willis	Fort Scott	Etelvina Woerndel	Hearne
John Anderson	Missouri Valley	Simon Rangel	Hearne	Romes Williams	Hearne
Joe Cox	Missouri Valley	Rafael Zamarripa	Hearne	Larry Spivey	Hearne
Roger Davis	Missouri Valley	Jennifer Hand	Hearne	Ernesto De La Rosa	Hearne
Sandra Isaacson-Bynum	Marysville				



OCTOBER ANNIVERSARIES

Name	Location	Ann Dt	Yrs of Svc	Name	Location	Ann Dt	Yrs of Svc
DEWAYNE HARTWELL	Sterling	10/2/1994	17	STACI JOHNSON	Lenexa	10/6/2008	3
JOSEPH RAMIREZ	San Antonio	10/5/1998	13	JAMES BELL	South Morrill	10/6/2008	3
JUAN CASTILLO III	Laredo	10/8/1998	13	RANDAL JOHNSON	West Quincy	10/7/2008	3
BOB WIDEMAN	Thayer	10/4/1999	12	RICHARD LOWRY	Bill	10/7/2008	3
PEGGY TAYLOR	Thayer	10/4/1999	12	TIM CHERRY	Council Bluffs	10/8/2008	3
JANET SUTTON	Thayer	10/4/1999	12	JAMES LOLLIES	Lenexa	10/9/2008	3
KENNETH CROUCH	Sterling	10/14/1999	12	JANICE WOMACK	Dayton	10/10/2008	3
MARIA CALDERA	Kingsville	10/16/1999	12	FREDERICK CHASSEY JR	St Louis	10/14/2008	3
MYRTLE HOLBROOK	Amory	10/5/2001	10	WAYNE LADUSCH	Victoria	10/14/2008	3
STONEY MARTIN	Boone	10/10/2002	9	LEIGH SKINNER	Amory	10/14/2008	3
SHIRLEY BRETHOUR	South Morrill	10/6/2003	8	THOMAS TRUMAN	Lenexa	10/16/2008	3
DONALD DENTS	San Antonio	10/8/2003	8	CARLA FISCH	Lenexa	10/20/2008	3
WESLEY HAAS	Lincoln	10/5/2004	7	CHRISTOPHER CURNEAL	Chaffee	10/20/2008	3
JAMES SLEPICKA	Lincoln	10/7/2004	7	BRIAN SULLIVAN	Council Bluffs	10/22/2008	3
LARRY JENKINS	New Braunfels	10/12/2004	7	ROBERT CLAAS	Marysville	10/22/2008	3
GLADYS KILLEBREW	Hearne	10/3/2005	6	ROBERT REGNIER	Lenexa	10/27/2008	3
THOMAS GREEN	Lincoln	10/6/2005	6	SHANE HALTER	Lenexa	10/27/2008	3
ALLEN BOWEN	Boone	10/17/2005	6	LARRY JOHNSON	Dayton	10/27/2008	3
BEVERLY BOETHEL	Freeport	10/24/2005	6	LARRY RIMEL	Council Bluffs	10/29/2008	3
LINDA CIGAINERO	Lenexa	10/1/2006	5	CHESTER LOGUE	Arkansas City	10/31/2008	3
FRANKIE DICKMAN	Hearne	10/3/2006	5	MARIA IBARRA	Laredo	10/5/2009	2
JOHN FOSENBURG	Oklahoma City	10/3/2006	5	MARJORIE HILL	Oklahoma City	10/10/2009	2
JERRY GAYLOR	Smithville	10/6/2006	5	ABNER DIEPENBROCK	Newton	10/11/2009	2
DANIEL TELFORD	South Morrill	10/10/2006	5	LLOYD GIGOUT	Smithville	10/12/2009	2
ROBERT SMITH	Smithville	10/25/2006	5	DON MASSA	Lincoln	10/12/2009	2
ALFRED MONTGOMERY	Thayer	10/27/2006	5	DIANNE BROWN	Angleton	10/14/2009	2
ALLAN BROWN	Lincoln	10/27/2006	5	TIMOTHY WEBSTER	McCook	10/15/2009	2
CHRISTOPHER PENNY	South Morrill	10/30/2006	5	ROBERT HILLIARD	Taylor	10/16/2009	2
WILLIAM BEE	North Platte	10/30/2006	5	STEVEN BECK	Bill	10/23/2009	2
JOHN WALTON	Amarillo	10/1/2007	4	JENNIFER CLINGER	Lenexa	10/28/2009	2
CHERIE RUTAN	Boone	10/1/2007	4	JESSICA LAY	Lenexa	10/28/2009	2
JUAN CRUZ	Lubbock	10/2/2007	4	CLETUS MUFF	Fremont	10/28/2009	2
KRISTIN WEATHERSBEE	Newton	10/3/2007	4	JOHANNA BOGGS	Omaha	10/4/2010	1
FRIEDA KEMP	Oklahoma City	10/4/2007	4	SAMUEL SUGHROUE	Lincoln	10/5/2010	1
SUSAN THOMAS	Smithville	10/8/2007	4	BILLY HYATT	Lubbock	10/6/2010	1
EMORY LONGBOTHAM	San Antonio	10/9/2007	4	RONALD SMITH	Houston	10/8/2010	1
RICHARD OZAN	San Antonio	10/10/2007	4	KEVIN KAPER	Bill	10/8/2010	1
JACKIE DORAN	West Quincy	10/10/2007	4	TRAVIS BRYANT	Memphis	10/11/2010	1
HEIDI MILLS	Lenexa	10/11/2007	4	JOSEPH OHMAN	Memphis	10/11/2010	1
JAMES NEWELL	Lincoln	10/12/2007	4	RUSSELL EYTEN	North Platte	10/12/2010	1
ROOSEVELT MARSH	Houston	10/15/2007	4	EDWARD BENNETT	Birmingham	10/13/2010	1
SEAN JONES	Memphis	10/15/2007	4	HOWARD CARROLL	Marysville	10/14/2010	1
CHARLES STEPHENSON	Springfield	10/15/2007	4	JEFFREY MULL	Clinton	10/15/2010	1
CAROLYN HOLBROOK	Ardmore	10/15/2007	4	RONALD GRAFTON	McCook	10/15/2010	1
TYRONE SEEGER	Lincoln	10/16/2007	4	SARAH GILLEY	Amarillo	10/18/2010	1
B. ELIZABETH FORTISVUE	Brownsville	10/18/2007	4	MITCHELL MOORE	Sprint	10/18/2010	1
EDDIE JOHNSON	Hearne	10/19/2007	4	JUSTIN HANCOCK	San Antonio	10/19/2010	1
TAMRA CRAIG	Lincoln	10/19/2007	4	VIRGINIA JURY	Newton	10/21/2010	1
JACKSON MILLER	Houston	10/26/2007	4	KELLY DRAPER	Wellington	10/21/2010	1
SEAN MCGRAW	Lenexa	10/29/2007	4	JEANNE PYLE	Marysville	10/21/2010	1
DONALD TAYLOR	Amory	10/29/2007	4	DARRELL WARREN	Centralia	10/22/2010	1
SHARRON PINKNEY	Tulsa	10/29/2007	4	JAMES STEWART	Ft Scott	10/22/2010	1
RONALD MITCHELL	Lubbock	10/1/2008	3	KHALIFA NURE	Sioux City	10/25/2010	1
RAYMOND KNAPIK	Hearne	10/1/2008	3	RANDELL MORRISON	Birmingham	10/26/2010	1
MICHAEL BALDINI	Bill	10/1/2008	0	TERRY LAKIN	Beardstown	10/26/2010	1
ALEN KAUFMAN	North Platte	10/1/2008	3	GARRY SCOTT	Arkansas City	10/28/2010	1
EDWARD KABRIEL	Marysville	10/2/2008	3	RUDOLPH RODRIGUEZ	Houston	10/29/2010	1
MARVIN GRIGGS	Lincoln	10/3/2008	3	RONALD SILER	Tulsa	10/29/2010	1
JOHN WASSENBERG	Marysville	10/3/2008	3				

THANK YOU FOR YOUR HARD WORK AND DEDICATION!

Please contact HR, at 913-928-5077, if you think your anniversary date is incorrect. Thank you!



Safety Reminder

The below information is taken from the US Department of Transportation's website www.Distracted.gov.



What Is Distracted Driving?

There are three main types of distraction:

- **Visual** — taking your eyes off the road
- **Manual** — taking your hands off the wheel
- **Cognitive** — taking your mind off what you're doing

Distracted driving is any non-driving activity a person engages in that has the potential to distract him or her from the primary task of driving and increase the risk of crashing.

Driver distraction could present a serious and potentially deadly danger. In 2009, 5,474 people were killed in U.S. roadways and an estimated additional 448,000 were injured in motor vehicle crashes that were reported to have involved distracted driving. Distracted driving comes in various forms, such as cell phone use, texting while driving, eating, drinking, talking with passengers, as well as using in-vehicle technologies and portable electronic devices.

RCX is Hiring!

Drivers Needed In:

- Amarillo, TX
- Alliance, NE
- South Morrill, NE
- North Platte, NE
- Bridgeport, NE
- Kearney, NE
- Ravenna, NE
- Lincoln, NE
- Fremont, NE
- Broken Bow, NE
- Council Bluffs, IA
- Sioux City, IA
- Sterling, CO
- Enid, OK
- Newton, KS
- Oklahoma City, OK
- Tulsa, OK
- Jackson, MS
- Meridian, MS
- Corpus Christi, TX
- Victoria, TX
- Alpine, TX
- Chaffee, MO
- Memphis, TN

Employee Survey Update!

All surveys are being mailed between October 24th and 28th. Please be on the lookout in your mailbox. The feedback provided from the most recent surveys has been critical in the decision making process when creating and updating company policies. Your opinion counts and is highly desired. **THANK YOU!**

RCX Changing Tire Reminder

RCX Drivers are not to change tires on company vehicles. Drivers are to contact the Driver Help Line (877-928-5046 Option 3) to have a certified Roadside Service Provider perform the tire change to prevent employee injuries in the field and ensure lug nut torque meets required manufacturer's specifications.



Under no circumstances should the railroad crew be permitted to assist in the changing of tires.

Remember to send your newsletter suggestions to RCXnews@railcrewxpress.com